

## QUICK LINKS

- Safety and Security—TRAVELER INFORMATION**
- Personal Safety and Crime Avoidance • Water and Adventure Safety
- Motor Vehicle and Road Safety

## Traveler Information

# SAFETY AND SECURITY

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## PERSONAL SAFETY AND CRIME AVOIDANCE

### Before Departure

- Read the Travax Travel Advisory for the planned destination(s).
- Scan the news media for events and developments pertinent to the destination.
- Consult a government office (such as the U.S. Department of State) that supplies travel information for advisories on political or civil unrest, criminal activity against tourists, natural disasters, etc.
- Learn the best ways to avoid becoming a victim of sexual assault.
- Research common local scams and distraction techniques.
- Study the rules and regulations of the destination. Penalties for breaking the law can be more severe than they are at home. Drug violations, firearms possession, photography of government or military installations, and purchases of cultural artifacts or antiques are frequent causes of detention by local authorities.
- Become familiar with entry requirements. Border officials, especially at land crossings in a small number of African countries, may request a bribe for failure to produce proof of yellow fever vaccination despite the lack of an entry requirement.
- Research the alternatives to carrying large amounts of cash. Determine whether travelers can or should use traveler's checks or credit cards, and plan accordingly.
- Know the phone number and location of the closest embassy or consulate and carry this information. Pack several passport-size photos in case the passport needs to be replaced.
- Know how local law enforcement agencies operate and where to go for help.
- Be familiar with local weather and how it may impact infrastructure, such as availability of power and road conditions.

### Upon Arrival

- Seek advice from the hotel, tour operators, employers, and organizations regarding districts or regions to avoid.
- Map routes before setting out in order to avoid studying maps in the street.
- Leave a detailed itinerary with someone, and register with the home country's embassy if staying for any length of time.
- Keep passports locked in a safe and carry a photocopy. Keep the passport number and issue details in a separate place.

### While Out and About

- Avoid all demonstrations, which can turn violent, and be alert to curfews that may be imposed without warning. Don't travel to a region if there has recently been any significant civil disturbance.
- Do not accept food or beverage offerings. They may contain sedatives to induce sleep and allow robbery to occur.
- Learn about local exchange rates and pay close attention to all monetary transactions. Exchanging money is sometimes seen as an easy way to deceive tourists. Avoid black market exchanges.
- Use extra caution in tourist sites, market places, elevators, crowded subways, train stations, and festivals, and avoid marginal areas of cities. Be cautious of groups of small children that may act as distractions to facilitate robberies. Avoid alleys, poorly lit streets, and walking alone at night.
- Keep a hand free for protection. Specific targets for thieves are shoulder bags, outside pouches of backpacks, and cameras that hang from straps. Wear them under a jacket or shirt. Do not hand luggage or personal belongings to anyone who cannot be directly supervised or observed.
- Be constantly attentive to surroundings and be wary of any stranger who tries to engage in any form of conversation or initiates contact in any way, no matter how accidental the contact may appear to be. Never discuss travel plans with strangers.

If confronted, give up valuables. Money and passports can be replaced; people cannot.

- Don't wear expensive clothing or jewelry, and don't carry expensive cameras or other electronics. Avoid clothing that declares nationality or political beliefs.
- Avoid being intoxicated at night on the street. Use a registered taxi.
- Be aware of road traffic, even if not in a vehicle. Pedestrians unfamiliar with local traffic patterns can easily become accident victims.

## While in the Hotel

- If possible, stay on floors 3 to 6, which are generally regarded as optimal for safety and security.
- Look for fire safety instructions and become familiar with escape routes.
- Keep the door locked at all times. Always sleep in locked and secured accommodations.
- Avoid sharing rooms with strangers.
- Meet visitors in the lobby.
- Don't advertise room numbers. When out of the hotel leave room keys with the concierge.
- Keep valuables in the hotel safe. Room safes are less secure.
- Inform someone, including the front desk, of an anticipated return time if going out late at night.
- Do not use electrical equipment in the bathroom if the floor is wet.

## WATER AND ADVENTURE SAFETY

- Currents, tides, and underwater hazards pose a risk to swimmers and can lead to drowning. Designated or supervised areas pose the least risk.
- Always check water depth before jumping or diving in order to avoid spinal injury.
- Do not dive or snorkel alone.
- Don't combine alcohol consumption with water sports or activities. Accidents and drowning may occur.
- If traveling with children to accommodations with a pool or other swimming facilities, make sure the water is in a fenced-off area with childproof access and provide constant supervision.
- Do not swim in water with sewage contamination or algae.
- When traveling on a ferry or ship, learn the evacuation procedures and where the life belts are stowed.
- Wear a life jacket in small boats. Those who can't swim should take particular care. Don't depend on flotation devices or swimmer aids.
- Do not walk on any beach after dark, no matter how busy, well lit, or well patrolled it appears.
- Rent water sports equipment from reputable operators only. Inquire about insurance coverage and insist on proper training before using the equipment.
- Be alert to the threat of piracy. Mariners should take appropriate precautions.
- Maintain a safe distance when observing wildlife.

## MOTOR VEHICLE AND ROAD SAFETY

### When Traveling by Car

- If possible, travel with a locally purchased or rented mobile telephone. These are increasingly available in almost all countries.
- Where appropriate, hire a local driver who is familiar with the terrain, the road rules, and customs. Inspect the vehicle for tire wear and general condition before closing the deal.
- When renting a car, avoid those with rental markings.
- Ensure the rental car is fitted with safety features such as seat belts, air bags (if at all possible), and relevant child protection.
- Don't drive when jet lagged or tired.
- Don't drink and drive.
- Don't drive at night.
- Don't pick up hitchhikers.
- Keep your car doors locked and windows rolled up when driving. Use cars with air conditioning.
- Car jacking and thefts happen when stopped at gas stations, parking lots, or in slow city traffic.
- Never hire or ride on motorcycles. Those who choose to do so should always wear a helmet.

## Using Taxis and Public Transport

- Use only "registered" taxis, preferably radio taxis.
  - Negotiate the fee before entering the taxi.
  - Carry money in small denominations at all times, so that change is available for the taxi bill, reducing the risk of losing a large note.
  - Avoid sharing taxis with unknown passengers.
- Avoid overcrowded public transportation, when possible.
- Don't accept food offerings; they may contain sedatives to induce sleep and allow robbery to occur.
- If the driver is acting in an unsafe manner or appears intoxicated, disembark at the next stop. Better to be late than in an accident in a remote area.
- Keep luggage locked and in sight at all times.
- Beware of fraudulent porters who offer to carry luggage and then disappear with it.

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Travax content represents decision-relevant, expert synthesis of real-time data reconciled with new and existing available advice from authoritative national and international bodies. Recommendations may differ from those of individual countries' public health authorities.

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