GUIDELINES FOR COMPLETING IMMUNIZATION RECORD

**IMPORTANT** – The immunization requirements must be met; or according to NC law, you will be withdrawn from classes without credit

- Immunization records must be uploaded into the AppState Student Health Service MedPortal
- Dates of each immunization must be correctly entered into the Student Health Service MedPortal

Immunization Records must contain:

- Student’s Name, Date of Birth, and Banner ID number on all pages.
- Each Immunization should include the month, day and the year.
- Records are required to have the medical facility’s letterhead or stamp with their name, address and phone number.

Possible sources of partial or complete immunization records:

- **High School**: These must meet the above criteria and must contain a school nurse signature.
- **Personal Shot Records** – These must meet the above criteria.
- **Local Health Department** – These must meet the above criteria.
- **Military Records** – These must meet the above criteria. Military records usually do not include childhood immunization records. Childhood immunization records may be indicated to fulfill the immunization requirements.
- **Previous College or University** – Your immunization records do not transfer automatically.

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**COLLEGE/UNIVERSITY VACCINES AND NUMBER OF DOSES REQUIREMENTS**

(For further information: http://www.immunizenc.com/college.htm)

<table>
<thead>
<tr>
<th>VACCINE REQUIRED</th>
<th>Diphtheria, Tetanus, and/or Pertussis 1</th>
<th>Polio 2</th>
<th>Measles 3</th>
<th>Mumps 4</th>
<th>Rubella 5</th>
<th>Hep B 6</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>DOSES REQUIRED</strong></td>
<td>3</td>
<td>3</td>
<td>2</td>
<td>2</td>
<td>1</td>
<td>3</td>
</tr>
</tbody>
</table>

**FOOTNOTE 1** – DTP (Diphtheria, Tetanus, Pertussis), DTaP (Diphtheria, Tetanus, acellular Pertussis), Td (Tetanus, Diphtheria), Tdap (Tetanus, Diphtheria, Pertussis): 3 doses of tetanus/diphtheria toxoid are required. One dose received must be the adult Tdap (after age 9).

**FOOTNOTE 2** – An individual attending school who has attained his or her 18th birthday is not required to receive polio vaccine.

**FOOTNOTE 3** – Two doses of a Measles immunization must be received after an individual’s first birthday. Measles vaccines are not required if any of the following occur: a physician diagnosis of disease prior to January 1, 1994; an individual who has been documented by serological testing to have a protective antibody titer against measles and submits an official lab report; or the student was born before 1957. Any lab reports submitted must include the clinic name, address and phone number.

**FOOTNOTE 4** – Two doses of a Mumps immunization must be received after an individual’s first birthday. Mumps vaccine is not required if any of the following occur: an individual who has been documented by serological testing to have a protective antibody titer against measles and submits an official lab report; or the student was born before 1957. Any lab reports submitted must include the clinic name, address and phone number.

**FOOTNOTE 5** – Rubella vaccine is not required if any of the following occur: 50 years of age or older; an individual who has been documented by serological testing to have a protective antibody titer against measles and submits an official lab report. Any lab reports submitted must include the clinic name, address and phone number.

**FOOTNOTE 6** – Hepatitis B vaccine is not required if born before July 1, 1994. The first two doses of the series should be separated by 1 month of time. The third dose is usually administered 5 months later. The last dose should not be administered prior to 24 weeks of age. If it is determined that the dose intervals do not meet the state of NC criteria a fourth dose may be indicated. Per NC Immunization Law, Hepatitis B titer are not accepted.

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**INTERNATIONAL STUDENTS and/or non-US Citizens Requirements**

- Vaccinations as above
- Tuberculosis testing within 6 months of starting classes at ASU and an annual screening for tuberculosis are required:
  - A Tuberculosis Skin test (tst). This must be recorded in a quantitative numerical value, in mm. If the tst is interpreted as greater than 10 mm, additional testing is required.
  - A Tuberculosis IGRA test (T-Spot or QuantiFERON Gold test). This must be on an official lab report. Any lab reports submitted must include the patient information as well as the clinic name, address and phone number.
  - A Radiology Report of a Chest X-Ray. This must be on an official radiology report. Any radiology reports submitted must include the patient information as well as the clinic name, address and phone number.

North Carolina House Bill 825 requires public and private institutions with on-campus residents to provide information about meningococcal disease. Attached to this form is information regarding meningococcal disease, including recommendations from the Centers for Disease Control of the U.S. Public Health Service.
The following information regarding meningococcal disease and meningococcal vaccine is based on guidelines established by the American College Health Association and the Centers for Disease Control and Prevention (CDC).

Meningococcal disease continues to pose a small but definite risk to college students, with 100 to 125 cases occurring on campuses across the nation each year, resulting in 5 to 15 deaths. The disease is caused by the bacteria, *Neisseria meningitidis*, and is transmitted through the air by tiny droplets from the respiratory tract of an infected person, through sharing contaminated items such as cigarettes or drinking glasses, or by direct contact, such as kissing.

If infected, a person may experience any of the following:

- high fever
- rash
- nausea
- vomiting
- severe headache
- neck stiffness
- lethargy
- light sensitivity

The disease tends to occur in late winter and early spring, overlapping the flu season. The infection progresses rapidly, making early medical care essential.

The vaccine against meningitis is 85% to 100% effective for the group of germs that account for 70% of the disease. Immunity begins 7-10 days after vaccination and lasts 3-5 years.

Contact your personal physician for further information about meningitis and the vaccine's availability in your community.

If you wish to be vaccinated and are unable to be given the immunization before you come to campus, the vaccine is available at cost through the Health Service during summer orientation and early fall months.

Should you have any questions regarding meningococcal disease or the vaccine once you arrive on campus, please feel free to contact the Health Service or visit our website at [www.healthservices.appstate.edu](http://www.healthservices.appstate.edu).

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