Should you get tested for COVID-19 (novel coronavirus)?

Do you have COVID-19 related symptoms? 
Symptoms include: fever/chills, cough, shortness of breath, fatigue, muscle/body aches, headache, new loss of taste/smell, sore throat, congestion, runny nose, nausea/vomiting and/or diarrhea.

OR

Have you been exposed to someone with COVID-19?

Yes.

1. Call a healthcare provider

Call your primary care provider, health department, urgent care, or telemedicine provider. If you do not have a healthcare provider, you may call one of the offices below to schedule a same-day in-person or telehealth appointment.

AppFamily Medicine (828) 386-2222
Baker Center for Primary Care (828) 737-7711
Elk River Medical Associates (828) 898-5177

2. Provider referral required through ARHS

If the healthcare provider determines that you meet the criteria for testing, he/she will help you make an appointment at a testing location in Watauga or Avery County. Please DO NOT travel to the testing location without an appointment.

If you do not have a provider referral, contact your local health department.

3. Follow instructions after testing

If you test positive for COVID-19, you will need to isolate for 14 days. The testing facility will provide additional instructions for you and your family whether you test positive for the virus or not.

NOTE: All healthcare providers and testing facilities are required to report all positive results to the health department.

Visit apprhs.org/covid19-screening for more information

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