

Should you get tested for COVID-19

apprhs.org/covid19

?
(novel coronavirus)

Do you have COVID-19 related symptoms?

Symptoms include: fever/chills, cough, shortness of breath, fatigue, muscle/body aches, headache, new loss of taste/smell, sore throat, congestion, runny nose, nausea/vomiting and/or diarrhea.

OR

Have you been exposed to someone with COVID-19?

If you also have...

severe life threatening symptoms (severe difficulty breathing, altered thinking, blue lips)

CALL 911

provide all symptoms when calling



↓
Yes.

1. Call a healthcare provider

Call your primary care provider, health department, urgent care, or telemedicine provider. If you do not have a healthcare provider, you may call one of the offices below to schedule a same-day in-person or telehealth appointment.

AppFamily Medicine (828) 386-2222

Baker Center for Primary Care (828) 737-7711

Elk River Medical Associates (828) 898-5177



2. Provider referral required through ARHS

If the healthcare provider determines that you meet the criteria for testing, he/she will help you make an appointment at a testing location in Watauga or Avery County. Please **DO NOT** travel to the testing location without an appointment. *If you do not have a provider referral, contact your local health department.*

3. Follow instructions after testing

If you test positive for COVID-19, you will need to isolate for **14 days**. The testing facility will provide additional instructions for you and your family whether you test positive for the virus or not.

NOTE: All healthcare providers and testing facilities are required to report all positive results to the health department.




APPALACHIAN REGIONAL
HEALTHCARE SYSTEM

visit apprhs.org/covid19-screening for more information

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